

# **Summer Goals Worksheet**

Created by // Paul Worcester

How you choose to invest your summer can be a huge accelerant in your walk with Jesus or it can be a train wreck for your spiritual life if you choose to waste it. It is really up to you. God is willing and able to make this summer the most life-changing summer of your life if you will be intentional to discipline yourself and allow Him to work in and through you.

"Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose."

#### • Philippians 2:12-13

This worksheet has the potential to be a helpful guide to set you up for success this summer. It also has some questions and vision to get you dreaming about the fall semester.

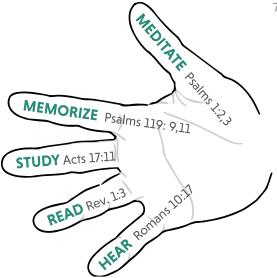
- 1. Look up the following verses and list some reasons for why it is a good idea to be intentional with how you invest your summer:
  - Ephesians 5:15-16
  - Proverbs 21:5
  - Philippians 3:7
  - Psalm 16:11
  - Matthew 6:33



- 2. Considering the Wheel Illustration above, which of the "spokes" is your strongest? Which one is your weakest? Why?
- 3. Which of these has the potential to be the most difficult for you this summer? Why? How can you be intentional about this area over the summer?

#### The Word

- 1. On average, how many days a week do you have a quiet time currently?
- 2. On a scale from 1-10, how impactful is your quiet time on a daily basis?
- 3. What is a goal you can make related to your quiet time this summer? Example: I am currently not doing social media until I have done my quiet time! It has tremendously helped me to be more consistent!
- 4. How are you doing with your scripture memory review? Do you need to create a more organized system to review verses that you have memorized?
- 5. How many new verses a week do you want to memorize this summer?
- 6. Are there any good Christian books or audio books that you want to read this summer?



7. Looking at The Word Hand Illustration, are there any other areas related to getting into the Bible that you want to grow in? For a resource to help you grow in these areas, read Rick Warren's Bible Study Methods.

## Prayer

1. Circle the words you would use to describe your prayer life currently:

burden	delight	difficult	sparse	random	systematic
joyful	intimate	inconsistent	fruitful	discouraging	faithful
dynamic	exciting	dull	meh	#boom	

2. Do you have a prayer list that you use daily? How will you be faithful to pray over that?

## **Fellowship**

Unless you are doing a mission trip or summer project, fellowship can be one of the most difficult aspects of your walk with God over the summer. It is crucial that you are intentional in this area!

- 1. Look up the following verses and list the reasons for being intentional in fellowship over the summer. What is a goal you can make related to your quiet time this summer.
  - Hebrews 10:24-25
  - Hebrews 13:3
  - Ecclesiastes 4:9-10
  - Proverbs 27:17
  - Proverbs 13:20
- 2. Think about what local Church you will get plugged into this summer. Is there any kind of small group that you know of that you can join or help with? Is there a place that you can serve at the church you'll attend over the summer?the words you would use to describe your prayer life currently:
- 3. Do you know of any believers that will be in your area this summer that you could meet with regularly? You can keep each other accountable to live out the basics of our faith. Write their names down below.
- 4. Who would you like to stay in touch with over the summer via texts, phone calls, Skype, etc.? How often will you try to connect with them?
- 5. Who will keep you accountable for the goals that you are making right now? How often will you connect with that person?

## **Making Disciples**

- 1. Summer is a great chance to make an impact on your family, friends, and coworkers that you are around. Look up Colossians 4:2-6 and write down any principles that will be helpful as you seek to witness to them.
- 2. Think about your family. Who are the top 3 family members that you think might be most open to you sharing the gospel with them? What would it look like for you to share Jesus with them?
- 3. Think about your friends. Who are the top 5 friends that you think might be most open to you sharing the gospel with them? What would it take for you to set up gospel appointments with them?
- 4. Serving your family and friends this summer can be a great way to show them the love of Jesus as you share Him with them. Look up John 13:34–35 and Matthew 5:16. What are some practical ways you can serve those around you this summer?
- 5. Does your church have a youth group or college group? Could you volunteer to help? These can be a great "fishing pool" to find people to set up gospel appointments with and start to disciple.

## Dreaming and Planning For The Fall

- 1. Reflect on this past school year. What areas of character, vision, or skill have you grown in? What have you learned about following Jesus and making disciples?
- 2. If you are discipling someone, what is that person doing this summer? How can you help those you are investing in to maximize their walk with God this summer? Consider taking them through this worksheet and helping them develop a strategic plan for using their summer.
- 3. What do you need to grow in to be more equipped to lead people to Christ this fall and help disciple them? Does anything about that idea intimidate you? Who could help equip you to get ready to help us reach the abundant harvest of new students this fall?



- 4. Is there a "pocket of people" on campus that you feel like God is asking you to reach out to this fall? What would it look like to build relationships and share the Gospel among this pocket of people?
- 5. What is something that you can ask God for this Fall that will stretch your faith? Write down one "faith goal" that you will pray for daily this Summer and work diligently to see God do this fall. Example: Lead 3 freshman to Christ and disciple them. Help each person I am discipling multiply by leading one person to Jesus.

Wheel and Hand Illustrations adapted from the Navigators.