

Discovering Purpose

Session 1

What Is Purpose?

What did you want to be when you were a kid? (Can be a fun or serious answer)

Why did you want to go to college?

What is your major? Why did you choose that major?

What does the word purpose mean to you?

If you search “What is my purpose?” on the internet, you’ll find countless videos and articles claiming to help you find your purpose. Why is finding purpose so important to people?

“For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.”

- Psalm 139:13-16

How do you feel when you try to make a plan for your life?

Who told you to make a plan for your life? Why did they think that was important?

What is this verse saying about who we are?

What do these verses point out about our lives?

How does this relate to having a purpose?

“Many are the plans in a person’s heart, but it is the Lord’s purpose that prevails.”

- Proverbs 19:21

Why is having control over one’s purpose important to so many people?

Do you think it is good or bad to have a “road map” in life?

What is this verse saying about our plan vs. God’s plan for our lives?

“As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one

can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." - Ephesians 2:1-10

What stands out to you about this passage?

What does it say about our purpose in life?

Debrief Questions:

What have you learned about discovering your purpose based on the Bible verses from today?

Which of these verses stood out to you the most? Why?

What is one thing you want to do differently this week based on what you've learned today?